



ASIST 11

Applied Suicide Intervention Skills Training

(Developed by LIVING WORKS EDUCATION Inc)

Anyone could face a situation where suicide first aid is needed. ASIST can be applied in everyday situations, in a professional role and in volunteer situations. In an ASIST workshop you will become better prepared to:

- Recognise when someone may be thinking of suicide
- Respond in ways that clarify and address suicide risk
- Understand why suicide thoughts are present
- Work together to review risk and increase safety
- Facilitate links with further help

NOTE: this is the new edition of ASIST that was launched in 2013 making this a good time to update your skills (the previous edition was called ASIST X).

WHEN: Thursday and Friday
23 and 24 March 2017
9am to 5pm

WHERE: Ballarat Community Health, 260 Vickers St Sebastopol

FACILITATORS:

Anne Watson (RN, RPN, BN)

Anne is a credentialed Mental Health Nurse who has spent many years working in Mental Health Services and currently has her own consultancy providing Groupwork, Education, and Training in Mental Health, Mental Illness and related areas. Anne has been an ASIST trainer for over 15 years and is an International QA Reader and Training Coach with LivingWorks.

Ros Fletcher

Ros has been at Lifeline Ballarat for 12 years and currently holds the position of Training Coordinator/Trainer in Crisis Support work. Ros has been an ASIST trainer for 5 years and does community training for Lifeline not only in Ballarat but across Victoria in Suicide intervention, Mental Health, Domestic Family Violence and related fields.

COST: \$352 (includes GST).

Discounts: See below - Generous discounts apply for more than 1 registration.

To register please fill in the form on the next page. For more information about this program contact Anne Watson Phone 0419 755 780, Email annew@getmentalhealth.com.au or go to www.livingworks.com.au

REGISTRATION FORM/TAX INVOICE
ASIST 11 – 2 day workshop 23 and 24 March 2017
260 Vickers St., Sebastopol (Ballarat Community Health)



GET Mental Health and Wellbeing Pty. Ltd.
ACN: 168 956 518 ABN: 86 168 956 518

NAME/S & OCCUPATION/ROLE: _____

EMPLOYER: _____

ADDRESS: _____

PHONE: _____ **MOBILE:** _____

EMAIL ADDRESS: _____

DIETARY/ACCESS REQUIREMENTS: _____

OTHER REQUIREMENTS: _____

NOTE - Payment is required before the workshop by direct deposit as per the details below:

BSB: 013-516

Account Number: 390031688

Please include your own name or your organization as a reference with your payment

Payment Schedule:

- | | |
|----------------------|--|
| 1 Registration | - \$352 (\$320 plus GST \$32) |
| 2 – 4 Registrations | - \$308 (\$280 plus GST \$28) per registration |
| Over 4 registrations | - \$264 (\$240 plus GST \$24) per registration |

Further discounts are available for e.g. students or volunteers. Contact Anne to discuss.

This document will be a TAX INVOICE for GST when you make a payment. Please retain a copy for tax purposes. Registration fee includes all materials, lunch and refreshments.

Get your registration in Early – Limited places available

Get Mental Health & Wellbeing
Ballarat Business Centre, 15 Dawson St South Ballarat Victoria 3350
annew@getmentalhealth.com.au | www.getmentalhealth.com.au
0419 755780 | 03 5364 2977

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